



Educating & Protecting Young People



Anti-bullying



Internet Safety



Stranger Awareness



Mentor Training



Personal Safety

www.thestaysafeinitiative.org.uk



Internet Safety



**Please email us pics of you getting
involved or post them online and use the hash-tag
#staysafe classroom**



Internet Safety



The Toothpaste Challenge

This is a fun physical challenge to explore what happens once you've posted something online.

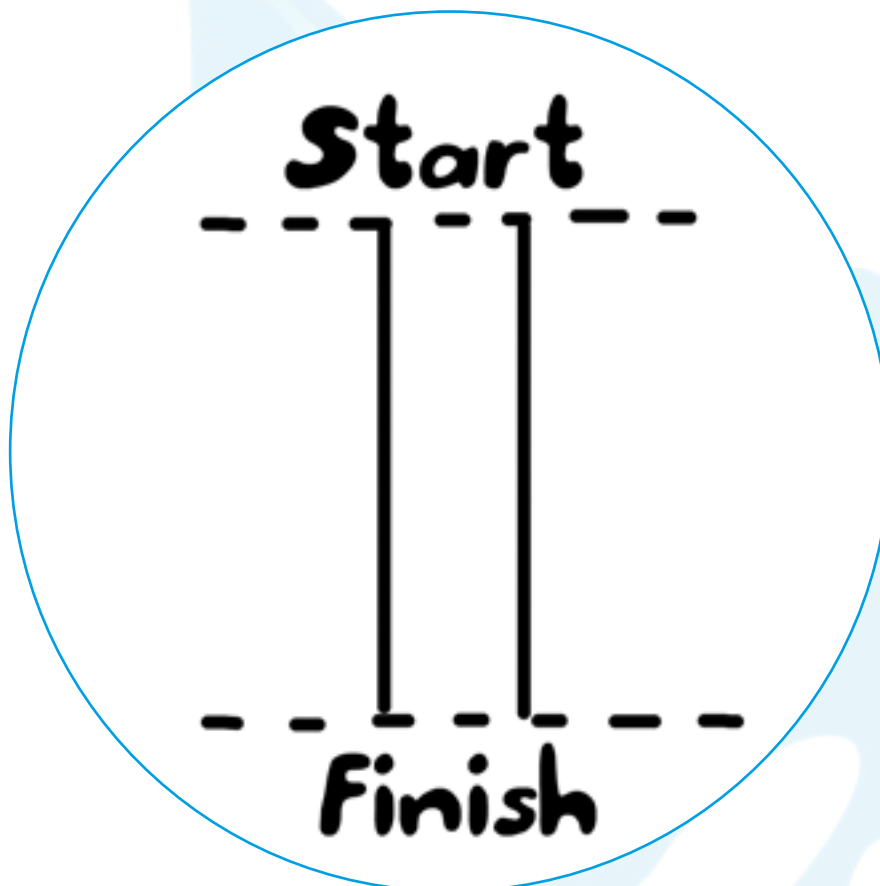


Internet Safety



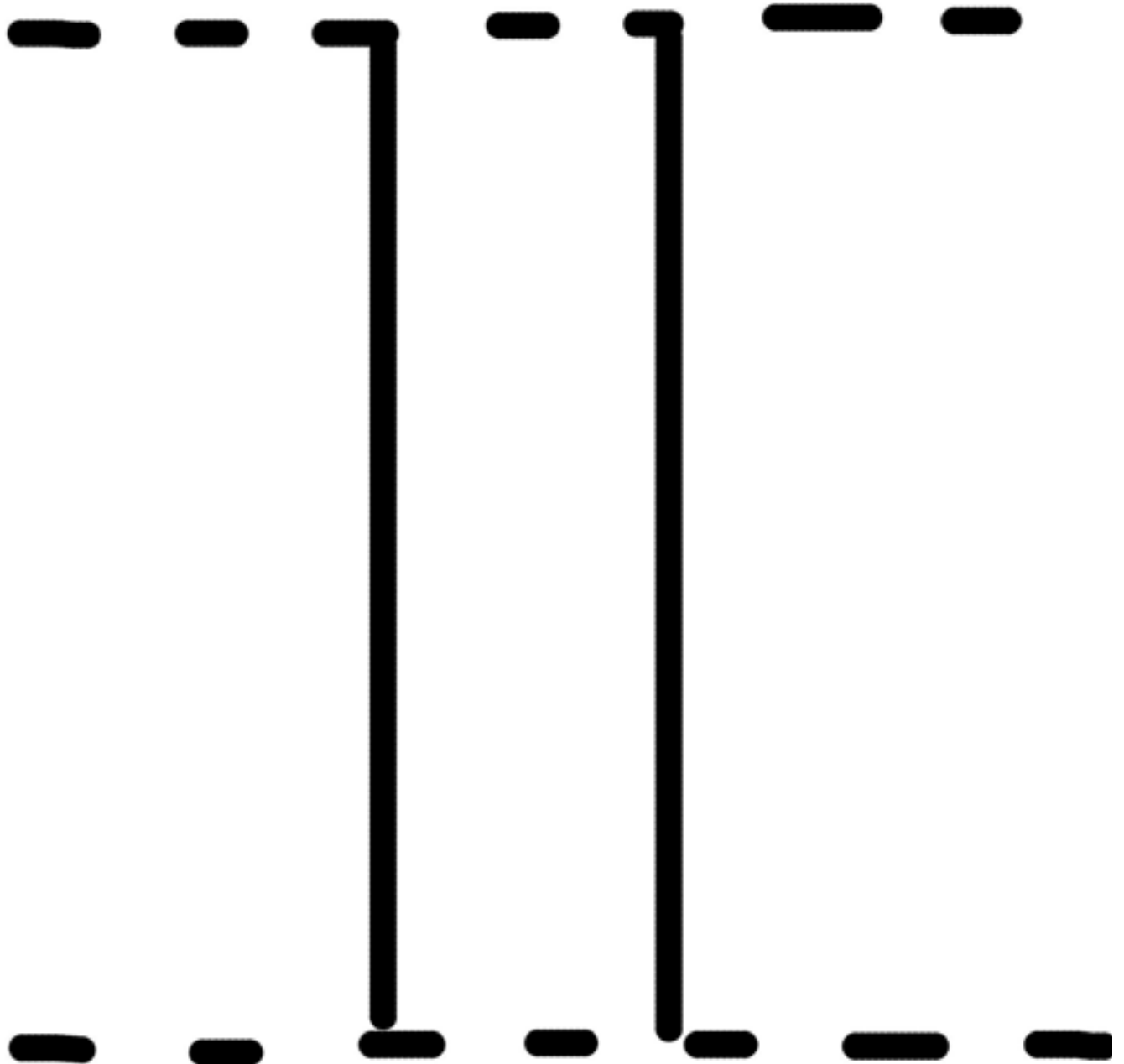
Step 1

**Print off the template on the
following page
or design your own!**





Start



Finish



Internet Safety



Step 2

Grab a tube of toothpaste!

Cheaper the better!





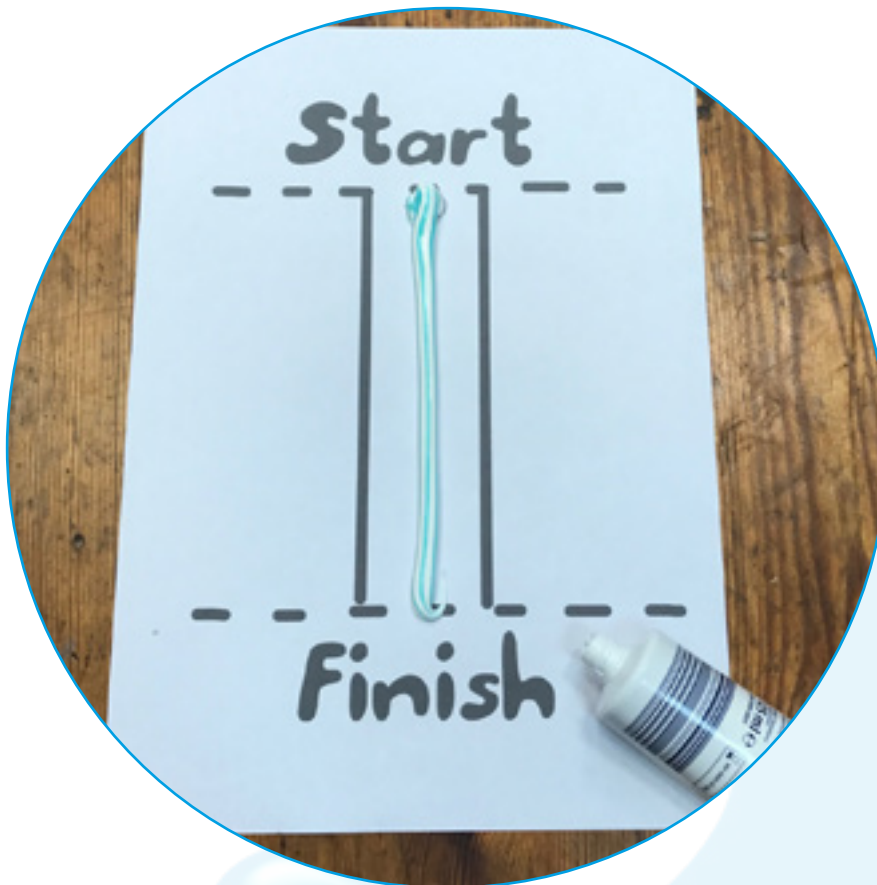
Internet Safety



Step 3

Time how long it takes you to make a nice straight line of toothpaste, from the start-line to the finish-line.

Without going over the edges.





Internet Safety



**Now you have 60 seconds
to complete the next step.**



Any idea what that could be?



Internet Safety

Step 4



That's right, it's now time to put all that toothpaste back inside the tube.

Things are about to get messy!



60 Seconds....Ready, steady, GO!



Internet Safety

Step 5

Now we need to get serious!

Discuss with your class members what the serious message is (regarding internet use) behind this fun challenge.



I'm sure you can work it out.



Internet Safety



You got it!

**Once you send / post something online.
Even if you change your mind and delete it,
it could be too late.**

It may be there forever.



Internet Safety



The facts

Anything you do in your digital life, can quite often stay around forever. **How?**

If you use the internet or even just chat to friends via text messages, you will have something called a **'Digital Footprint'**.

This footprint can show everyone else online lots about you.

That could be **personal information** about you. For example, if you take a picture of yourself standing outside your house. Now, anyone that can see that image, can possibly now know where you live.

If you were to post a picture that showed some **personal information** about you and then 5 minutes later you realised that you shouldn't really share that image, you could delete it, but if others had already seen / screen shot or even shared that image, it would now be impossible to take back (just like the toothpaste!).

The same goes for sending a friend a **private text message** or posting something into a **group chat**. Once it has been sent, if you change your mind later, it's again too late to take back. That text, group chat post, private conversation, picture or video can now easily be shared without your permission and everyone out there could now see it. That could be upsetting / embarrassing for you or possibly even get you in trouble one day.

Think before you send / post / share! **Do you really want it out there forever?**



Internet Safety



Well Done Guys!

**Please email us pics of you getting
involved or post them online and use the hash-tag
#staysafeeclassroom**